A COLLABORATION BETWEEN THE BUFFALO FATHERHOOD INITIATIVE WITHIN THE BUFFALO PRENATAL PERINATAL NETWORK AND THE FIU CENTER FOR CHILDREN AND FAMILIES OF WNY

Fatherhood Matters!

Engaging and Enhancing Father Involvement in Families



WHO WE ARE



BPPN Buffalo Fatherhood Initiative

- Antoine Johnson, Program
 Manager Buffalo Fatherhood
 Initiative
- Terry Seay, Senior Fatherhood Advisor



Center for Children and Families of Western New York

- Greg Fabiano, Clinical Psychologist
- Brittany Merrill, Clinical Psychologist
- Both have expertise in engaging parents in supportive programs



BUFFALO FATHERHOOD INITIATIVE

- Nurturing Fathers supports male caregivers within WNY
- Antoine Johnson is a certified trainer
- Developed in-person and remote Nurturing Fathers programs











History of work with fathers

COACHES

- Developed and evaluated the Coaching Our Acting Out Children: Heightening Essential Skills (COACHES) program for male caregivers
- Evaluated program in multiple settings
 - Clinic
 - Elementary School
 - Head Start Preschool

National Priority

Increased, meaningful father involvement in early childhood is a clear and long-standing national priority.

Fathers often left out of parenting programs

Yet, father involvement in supportive program settings is lagging behind that of mothers, and the research base on successful intervention approaches is modest.

Policy and program initiatives that fail to account for mechanisms to engage, involve, and retain fathers in efforts to promote positive parenting may fail.

Why focus on fathers?





Importance of Supporting Fathers' Role in Positive Child Development

Language development

- Use of complex vocabulary words during informal interactions
- Shared book reading

Development of social and emotional skills

- Emotion regulation
- Social cognition
- Focused attention
- All play a role in forming appropriate social relationships

Improved academic grades and achievement

Fewer mother-reported behavior problems

• Non-resident fathers who utilize effective parenting strategies had children with significantly fewer externalizing and internalizing problems.

Amato & Rivera, 1999; Chacko, Fabiano et al., 2018; Forehand et al., 1986; McBride et al., 2005; McWayne, et al., 2013; Nord, Brimhall, & West, 1997; Parke et al., 2002; Pancsofar & Vernon-Feagans, 2006; Pancsofar, et al., 2010

CDC-Funded Research Project

THREE YEARS

144 Families

48 families per year

Who?

- Resident of Erie county in Western New York.
- Have a child **3 to 6 years of age**.
- Have a male caregiver who consents to participate in the study.
- Caregiver and child can speak and understand English.

Male caregiver

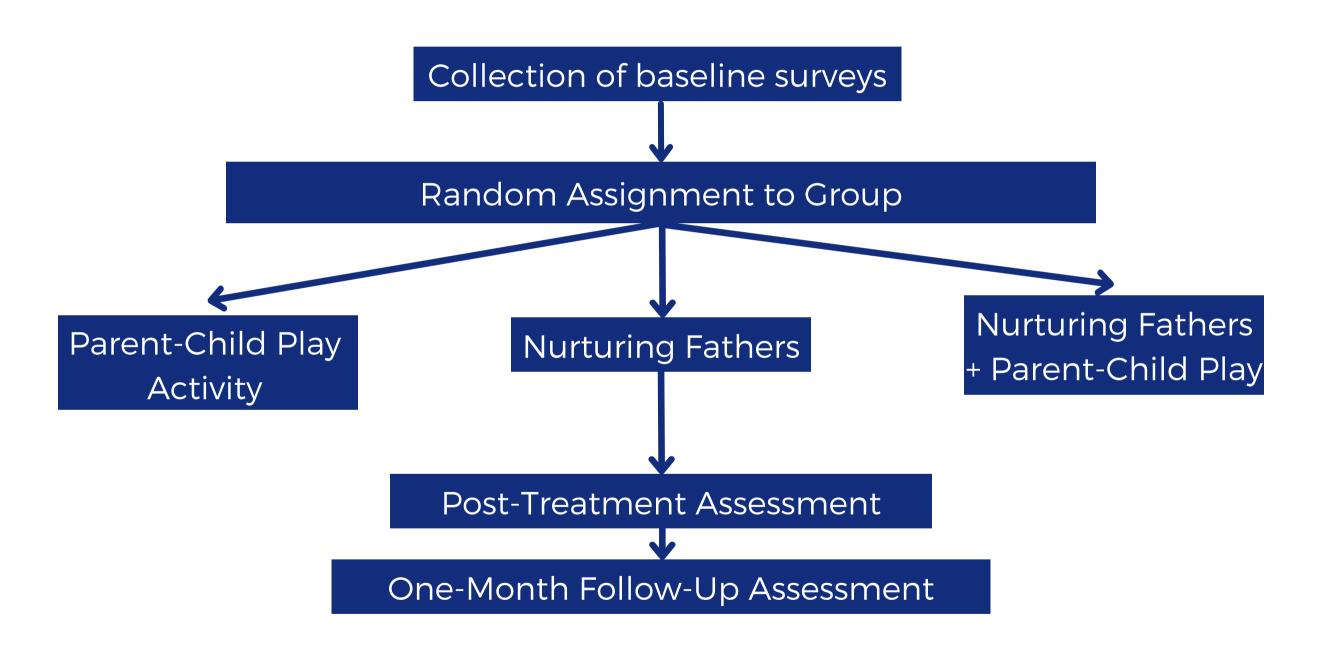
- Complete surveys before the intervention, after, and at one-month follow up
- Participate in one of the intervention groups

Other primary caregiver

Complete surveys
 before the
 intervention, after,
 and at one-month
 follow up

Parents receive \$50 each time they complete the surveys

Study Design





INTERVENTION SESSIONS

First group planned to begin on Thursday evenings in March

Session litle	Exercises
The Roots of Fathering	Follow your child's lead
The World of Feelings and Male Nurturance	Catch your child being good
The Power to Nurture: Fathering without Violence or Fear	Planned ignoring of minor behaviors and focusing on the positive
Overcoming Barriers to Nurturing Fathering: Anger and Stress	Choosing your battles
Discipline and Fun and Games	Structuring activities to promote child success
Teamwork between Father and Co- Parent	Co-parenting with a focus on the child's growth and feelings of security in mind
A Time and Place for Fathering	Putting it all together: Skills from previous sessions
Graduation Ceremony and Closing Activities	Father vs. Child (let the kids win!)

COACHES Practice

Support Families

Think of two families you could refer and send them our website or contact form

Spread the Word!

Distribute our flyers (E-mailed to you and we can drop off copies)

Build Networks Together

Follow us on social media!

Share information about the program with colleagues

Schedule a follow-up meeting with us

Ways to Help

GO.FIU.EDU/FATHERS







Center for Children and Families- WNY FIU

@PrenatalPerinatal

WE'D LOVE TO HEAR FROM YOU!

Get In Touch With Us

Mailing Address

4600 Main Street, Suite 101 Buffalo, NY 14226

Phone Number

716-572-7030

Email Address

brmerril@fiu.edu