

© The Incredible Years®

Raising kids is one of the toughest and most rewarding jobs in the world...
and the one for which you might feel the least prepared.

The Incredible Years® is a FREE 12-week evidence-based program providing interactive, skill-based support for parents and caregivers of children with behavioral issues. We will help you navigate tough challenges and provide you with effective strategies to promote positive changes. Parents meet as a group and are given opportunities to collectively and individually develop new strategies for managing child behavior.



Child Enrichment (optional)

For an additional cost, children may participate in the optional Child Enrichment component that complements each parenting class. Children will learn how to follow rules and cooperate, express emotions, manage anger, and make good friends.



To learn more or begin the enrollment process, call 305-348-0477.



11200 SW 8th Street | AHC 1, Room 140, Miami, Florida 33199

This program is generously funded by:

FIU

Center for Children and Families



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Criar hijos es uno de los trabajos más duros y gratificantes del mundo...
y para el cual usted podría sentirse menos preparado.

The Incredible Years® es un programa GRATUITO de 12 semanas basado en evidencia que le brinda apoyo a los padres y cuidadores de niños con problemas de conducta. Le ayudamos a superar retos difíciles y le enseñamos estrategias efectivas para promover cambios positivos. Los padres se reúnen en grupo y se les da la oportunidad de desarrollar, juntos e individualmente, nuevas estrategias para controlar el comportamiento de los niños.



Enriquecimiento Infantil (opcional)

Por un costo adicional, los niños pueden participar en el componente opcional de Enriquecimiento Infantil que complementa cada clase de crianza. Los niños aprenderán a seguir las reglas y a cooperar, a expresar sus emociones, a manejar la ira y a hacer buenas amistades.



Para aprender más o comenzar el proceso de inscripción, llame al 305-348-0477.



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