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Raising kids is one of the toughest and most rewarding jobs in the world...
and the one for which you might feel the least prepared for.

The Incredible Years® is a FREE 12-week evidence-based program providing interactive, skill-based support for parents and caregivers of children with behavioral issues. We will help you navigate tough challenges and provide you with effective strategies to promote positive changes. The program is now offered via telehealth and includes key parenting strategies for remote learning.



Parents

Parents meet as a group and are given opportunities to collectively and individually develop new strategies for managing their children and work together in collaborative partnerships.

Child Enrichment (optional)

For an additional charge, children may also receive training via the optional Child Enrichment Activity component alongside each parent training class. Children will practice social skills, learn how to follow rules and cooperate, express emotions, problem solve, manage anger, and make good friends.



To learn more or begin the enrollment process, call
305-348-0477.



11200 SW 8th Street | AHC 1, Room 140, Miami, Florida 33199

This program is generously funded by:



Center for
Children and Families



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Criar hijos es uno de los trabajos más duros y gratificantes del mundo...
y para el cual usted podría sentirse menos preparado.

The Incredible Years® es un programa GRATUITO de 12 semanas basado en evidencia que le brinda apoyo a los padres y cuidadores de niños con problemas de conducta. Le ayudamos a superar retos difíciles y le enseñamos estrategias efectivas para promover cambios positivos. Ofrecemos el programa virtualmente e incluye estrategias clave de crianza.



Padres

Los padres se reúnen en grupo para desarrollar nuevas estrategias para aprender a manejar los problemas de conducta de sus hijos juntos e individualmente.

Enriquecimiento Infantil (opcional)

Por un costo adicional, los niños también pueden recibir entrenamiento a través del componente opcional de Actividades de Enriquecimiento Infantil junto con cada clase de entrenamiento para los padres. Los niños practicarán aptitudes sociales, aprenderán a seguir reglas y cooperar, expresar emociones, resolver problemas, manejar la ira y hacer buenas amistades.



Para apredender más o comenzar el proceso de inscripción, llame al 305-348-0477.



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FIU

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**THE IN
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TRUST**

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