

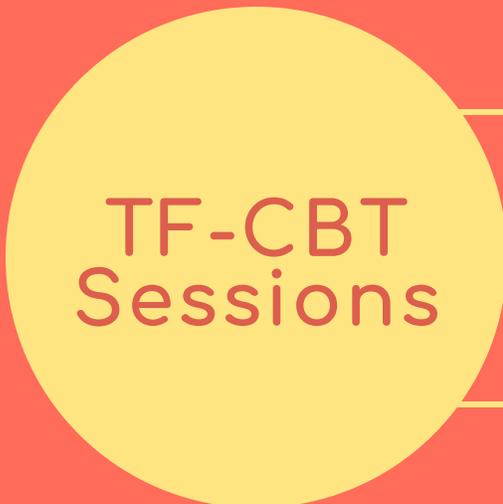


HELPING YOUTH HEAL AFTER TRAUMA

The Trauma-Informed Screening and Treatment Program

This **grant-funded program** offers **Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)** to kids and teens **ages 3 to 17** experiencing any distress from trauma as well as their caregivers.

This program is led by faculty in the **School of Social Work at FIU** and the **Center for Children and Families (CCF)** in conjunction with multiple community agencies.



TF-CBT
Sessions

Range from 12-25 meetings depending on the severity

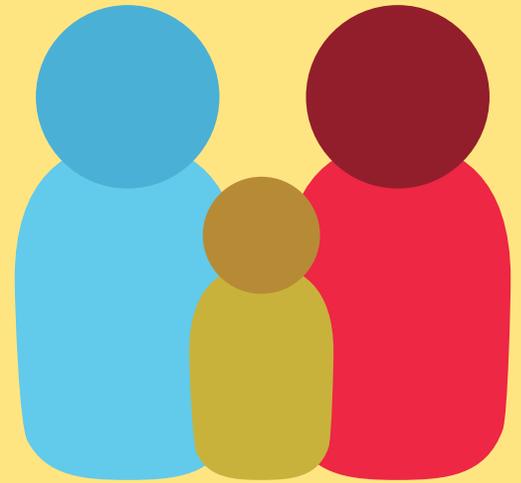
Currently accepts referrals

Held in three different locations including in the home

To learn more, contact program coordinator Sarah Troya at 305-348-5885 or stroya@fiu.edu



Providing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) to youth and families in Miami-Dade County



WHAT IS A TRAUMATIC EVENT?

One that threatens injury, death, or the physical integrity of self or others and also causes horror, terror, or helplessness at the time it occurs. Youth who have experienced trauma or abuse may find it difficult to talk about or admit.

WHAT ARE THE SIGNS AND SYMPTOMS?

Children experiencing distress from trauma may display sadness, irritability, impulsivity, new fears, trouble sleeping, nightmares, difficulty at school and with concentration, and somatic complaints.

11200 SW 8th Street
AHC 1, Room 140
Miami, Florida 33199
305-348-0477
ccf@fiu.edu