

Parenting Practices

A. General parenting questions (Taken from Webster-Stratton interview)

First, I'd like to ask you some general questions about your approach to parenting your child. Later, I'll ask some specific questions about your behavior management techniques.

Display Answer Card 1.

1. If you ask your child to do something and he/she doesn't do it, how often do you give up trying to get him/her to do it?

Never Seldom Sometimes About half the time Often Very often Always

2. If you warn your child that you will discipline him/her if he/she doesn't stop, how often do you actually discipline him/her if he/she keeps on misbehaving?

Never Seldom Sometimes About half the time Often Very often Always

3. How often does your child get away with things that you feel he/she should have been disciplined for?

Never Seldom Sometimes About half the time Often Very often Always

4. If you have decided to punish your child, how often do you change your mind based on your child's explanations, excuses, or arguments?

Never Seldom Sometimes About half the time Often Very often Always

5. How often do you show anger when you discipline your child?

Never Seldom Sometimes About half the time Often Very often Always

6. How often do arguments with your child build up and you say and do things you don't mean to?

Never Seldom Sometimes About half the time Often Very often Always

7. How often is your child successful in getting around the rules you have set?

Never Seldom Sometimes About half the time Often Very often Always

8. How often does the kind of punishment you give your child depend on your mood?

Never Seldom Sometimes About half the time Often Very often Always

9. How often do you do each of the following things when your child behaves well or does a good job at something?

9a. Notice it but not do anything about it.

Never Seldom Sometimes About half the time Often Very often Always

9b. Praise or compliment your child.

Never Seldom Sometimes About half the time Often Very often Always

9c. Give your child a hug, kiss, pat, handshake, or "high five."

Never Seldom Sometimes About half the time Often Very often Always

9d. Buy something for him/her, such as special food or a small toy, or give him/her money.

Never Seldom Sometimes About half the time Often Very often Always

9e. Give him/her an extra privilege, such as a treat, go to the movies, or a special activity, for good behavior.

Never Seldom Sometimes About half the time Often Very often Always

9f. Give points or stars on a chart.

Never Seldom Sometimes About half the time Often Very often Always

9g. Not even notice.

Never Seldom Sometimes About half the time Often Very often Always

<i>Display Answer Card 2.</i>

10. How much do you agree or disagree with the following statements?

10a. Sometimes it takes getting really angry with children to teach them a lesson.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10b. Children learn best when they don't know what punishment to expect for misbehaving.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10c. The best way to avoid a big problem is to discipline a child when the problem is still small.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10d. It's okay to let children get away with small misbehaviors – it's better to focus on serious misbehaviors.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10e. Being consistent in discipline is more important than giving big punishments for misbehavior.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10f. Giving children a reward for good behavior is bribery.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10g. I shouldn't have to reward my children to get them to do the things they are supposed to do.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10h. I believe in using rewards to teach my child how to behave.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10i. It is important to praise children when they do well.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10j. I would like to praise my child more often than I criticize him/her, but it is hard to find behaviors to praise.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10k. If I give my child praise or rewards to encourage good behavior, he/she will demand rewards for everything.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

10l. If a child is having trouble doing something he/she is supposed to do, such as going to bed, picking up toys, it is a good idea to set up a reward or extra privilege for doing it.

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

B. House Rules

1. Think about when your child wakes up, until he/she goes to bed. Do you have rules your child is to follow during the day? YES NO (If "No", skip to C-Chores)

2. If "yes," has your child been told these rules? YES NO

3. Are the rules posted where your child can see them? YES NO

If "yes," where?

- Refrigerator Kitchen wall Bedroom wall
- Family room wall Playroom wall Child's room
- Other (describe): _____

4. What kinds of house rules do you expect him/her to follow? (Check all that apply and write descriptions for "other" rules)

- Use good table manners
- Other manners (e.g., take shoes off in house, eat at table)
- Use materials and possessions appropriately
- Teasing/talking back
- Aggression
- Obey adults
- Indoor behavior (e.g., no running, appropriate voice level)
- Cleanliness
- Clothing rules/restrictions
- Designated area rules (e.g., no ball in house, stay out of street)
- Other (describe): _____
- Other (describe): _____
- Other (describe): _____

Display Answer Card 3.

5. How well does this approach work with your child? Not at all Just a little Pretty much Very much

C. Chores

1. Does your child have chores or regular responsibilities that he or she is expected to do each day or each week? YES NO (If "No," skip to D-Procedures to prevent misbehavior)

2. If Yes, complete the following for each chore:

Display Answer Card 4.

CHORE 1=dishes/set table 2=take out garbage 3=clean room 4=vacuum/sweep 5=pet care 6=toys 7=clothes 8=other (describe)	Frequency M= Multiple times per day D= Daily W= Weekly A= As needed	How difficult is it to get the child to do it? 0= Not difficult at all 1=A little difficult 2=Somewhat difficult 3=Quite difficult 4=Extremely difficult	Consequence for completing 1=Nothing 2=Praise 3=Reward 4=Allowance 5=Other (describe)	Consequence for not completing 1=Nothing 2=Verbal reminder 3=Privilege removal 4=Parent does it 5=Other (describe)
		0 1 2 3 4		
		0 1 2 3 4		
		0 1 2 3 4		
		0 1 2 3 4		
		0 1 2 3 4		
		0 1 2 3 4		
		0 1 2 3 4		

2. What behaviors do you ignore?

- | | |
|------------------------------------------------------|------------------------------------------------------------------------|
| <input type="checkbox"/> House rule violations | <input type="checkbox"/> Other rule violations |
| <input type="checkbox"/> Negative verbal – parent | <input type="checkbox"/> Noncompliance |
| <input type="checkbox"/> Negative verbal – sibling | <input type="checkbox"/> Property destruction |
| <input type="checkbox"/> Negative verbal – peer | <input type="checkbox"/> Unintentional property destruction/clumsiness |
| <input type="checkbox"/> Negative physical – parent | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Negative physical – sibling | <input type="checkbox"/> Swearing |
| <input type="checkbox"/> Negative physical – peer | <input type="checkbox"/> Breaking curfew/boundaries |
| <input type="checkbox"/> Interrupting | <input type="checkbox"/> Complaining/Whining |
| <input type="checkbox"/> Other (Describe): _____ | |

3. What are your own reasons for ignoring your child’s behavior?

- Don’t want to give him/her attention
- Too tired
- Don’t want to make behavior worse/Avoiding confrontation
- Other (Describe): _____

4. How often do you ignore your child after he or she misbehaves?

- | | | |
|----------------------------------------------|-----------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Several times a day | <input type="checkbox"/> Once a week | <input type="checkbox"/> Once a year |
| <input type="checkbox"/> Once a day | <input type="checkbox"/> Once every few weeks | <input type="checkbox"/> Never |
| <input type="checkbox"/> A few times a week | <input type="checkbox"/> A few times a year | |

5. How well does this approach work with your child? *Not at all Just a little Pretty much Very much*

Grounding/Privilege Removal/Time out/Spanking

1. Do you take things away from your child or remove privileges because he or she has misbehaved?

YES NO (If “No,” skip to Time Out)

2. What behaviors result in your removing things or privileges from your child?

- | | |
|------------------------------------------------------|------------------------------------------------------------------------|
| <input type="checkbox"/> House rule violations | <input type="checkbox"/> Other rule violations |
| <input type="checkbox"/> Negative verbal – parent | <input type="checkbox"/> Noncompliance |
| <input type="checkbox"/> Negative verbal – sibling | <input type="checkbox"/> Property destruction |
| <input type="checkbox"/> Negative verbal – peer | <input type="checkbox"/> Unintentional property destruction/clumsiness |
| <input type="checkbox"/> Negative physical – parent | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Negative physical – sibling | <input type="checkbox"/> Swearing |
| <input type="checkbox"/> Negative physical – peer | <input type="checkbox"/> Breaking curfew/boundaries |
| <input type="checkbox"/> Interrupting | <input type="checkbox"/> Complaining/Whining |
| <input type="checkbox"/> Other (Describe): _____ | |

3. How often do you take away things or remove privileges from your child?

- | | | |
|----------------------------------------------|-----------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Several times a day | <input type="checkbox"/> Once a week | <input type="checkbox"/> Once a year |
| <input type="checkbox"/> Once a day | <input type="checkbox"/> Once every few weeks | <input type="checkbox"/> Never |
| <input type="checkbox"/> A few times a week | <input type="checkbox"/> A few times a year | |

4. How long do you typically take something away for before you give it back?

- | | | |
|--------------------------------------|--------------------------------------|---------------------------------------------|
| <input type="checkbox"/> A few hours | <input type="checkbox"/> A week | <input type="checkbox"/> More than a month |
| <input type="checkbox"/> A day | <input type="checkbox"/> A few weeks | <input type="checkbox"/> Never give it back |
| <input type="checkbox"/> A few days | <input type="checkbox"/> A month | |

5. How well does this approach work with your child? *Not at all Just a little Pretty much Very much*

Time Out

1. Have you ever used time out with your child? YES NO (If “No,” skip to Spanking)

2. Do you currently use time out with your child? YES NO (If “No,” skip to Spanking)

ID Number: _____

13. Do you put your child in time out when you are out of the home? YES NO

14. How well does this approach work with your child? Not at all Just a little Pretty much Very much

Spanking

1. Have you ever spanked your child? YES NO (If "No," skip to Rewards)

2. Do you currently spank your child? YES NO (If "No," skip to Rewards)

3. Does spanking work with your child? YES NO

4. What behaviors result in you spanking your child?

- House rule violations
- Negative verbal – parent
- Negative verbal – sibling
- Negative verbal – peer
- Negative physical – parent
- Negative physical – sibling
- Negative physical – peer
- Interrupting
- Other (Describe): _____
- Other rule violations
- Noncompliance
- Property destruction
- Unintentional property destruction/clumsiness
- Stealing
- Swearing
- Breaking curfew/boundaries
- Complaining/Whining

5. How often do you spank your child?

- Several times a day
- Once a day
- A few times a week
- Once a week
- Once every few weeks
- A few times a year
- Once a year
- Never

6. How often do you threaten to spank your child?

- Several times a day
- Once a day
- A few times a week
- Once a week
- Once every few weeks
- A few times a year
- Once a year
- Never

7. Do you spank your child outside of the home? YES NO

8. What do you use when you spank?

NOTE TO CLINICIAN: Ask this as an open-ended question. Follow-up the answer as necessary to be clear whether a report is warranted.

- Bare hand
- Belt
- Paddle
- Other _____

8b. Follow-up questions

8c. Required action

9. Notes

10. How well does this approach work with your child? Not at all Just a little Pretty much Very much

F. Rewards/Positive Consequences**Praise**

1. Do you intentionally praise your child when he or she behaves? YES NO (If "No," skip to Social Rewards)

2. What behaviors result in your praising your child?

- | | |
|---------------------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Appropriate behavior toward parents | <input type="checkbox"/> Following rules |
| <input type="checkbox"/> Appropriate behavior toward sibling | <input type="checkbox"/> Paying attention |
| <input type="checkbox"/> Appropriate behavior toward other children | <input type="checkbox"/> Compliance |
| <input type="checkbox"/> Helping | <input type="checkbox"/> Completing chores |
| <input type="checkbox"/> Sharing | <input type="checkbox"/> Good manners |
| <input type="checkbox"/> Ignoring negative behavior of others | <input type="checkbox"/> Good school work/behavior |
| <input type="checkbox"/> Other (Describe): _____ | |

3. How often do you praise your child after he or she behaves?

- | | | |
|----------------------------------------------|-----------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Several times a day | <input type="checkbox"/> Once a week | <input type="checkbox"/> Once a year |
| <input type="checkbox"/> Once a day | <input type="checkbox"/> Once every few weeks | <input type="checkbox"/> Never |
| <input type="checkbox"/> A few times a week | <input type="checkbox"/> A few times a year | |

4. How well does this approach work with your child? *Not at all Just a little Pretty much Very much*

Social Awards or Honors

1. Sometimes parents will encourage good behavior by providing an award or honor for it. For example, a good report card may be displayed on the refrigerator or an award from recreational activities is prominently displayed; such as a trophy. Have you ever done something like that for your child? YES NO (If "No," skip to Reward Program)

2. What activity was the social honor for?

- Academics
- Arts
- Sports
- Good behavior
- Other (describe): _____

3. How well does this approach work with your child?

Not at all Just a little Pretty much Very much

Reward program

1. Do you currently reward your child for behavior in the home, such as providing a special privilege or activity contingent on appropriate behavior? YES NO

1b. If "no," have you ever used such a system with your child? YES NO

If No to #1 and #1b, skip to Token Economy.

2. In your current/most recent (circle one) approach, what must your child do to get a reward/privilege?

- | | |
|---------------------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Appropriate behavior toward parents | <input type="checkbox"/> Following rules |
| <input type="checkbox"/> Appropriate behavior toward sibling | <input type="checkbox"/> Paying attention |
| <input type="checkbox"/> Appropriate behavior toward other children | <input type="checkbox"/> Compliance |
| <input type="checkbox"/> Helping | <input type="checkbox"/> Completing chores |
| <input type="checkbox"/> Sharing | <input type="checkbox"/> Good manners |
| <input type="checkbox"/> Ignoring negative behavior of others | <input type="checkbox"/> Good school work/behavior |
| <input type="checkbox"/> Other (Describe): _____ | |

Allowance

1. Do you have an allowance system for your child? YES NO (If "No," skip to G)
2. How does it work?
- Receives money non-contingently
 - Earns money for completing chores
 - Earns money for meeting behavioral goals at home
 - Earns money for good reports from school
 - Other (Describe): _____
3. How well does this approach work with your child? *Not at all Just a little Pretty much Very much*

G. Additional Questions

Note: Responses must be specific numbers, not a range.

1. Thinking about yesterday, how many times did you scold, reprimand, or yell at your child? _____
What about the past week? _____
2. Thinking about yesterday, how many times did you give your child an instruction, command, or told him or her to do something? _____
What about the past week? _____
3. Thinking about yesterday, how many times did you praise your child for appropriate behavior? _____
What about the past week? _____
4. How often do you communicate with the child's teacher:
- | | | | | | |
|------------|--------------|---------------|----------------|------------------|--------------|
| By note: | <i>Daily</i> | <i>Weekly</i> | <i>Monthly</i> | <i>As needed</i> | <i>Never</i> |
| By phone: | <i>Daily</i> | <i>Weekly</i> | <i>Monthly</i> | <i>As needed</i> | <i>Never</i> |
| In person: | <i>Daily</i> | <i>Weekly</i> | <i>Monthly</i> | <i>As needed</i> | <i>Never</i> |

H. Monitoring

1. About how many hours in the last 24 hours did your child spend at home without adult supervision, if any?
- | | | | |
|---------------------------|---------------------|------------------------|--------------------------|
| <i>None</i> | <i>1/2 - 1 hour</i> | <i>1 1/2 - 2 hours</i> | <i>3-4 hours</i> |
| <i>Less than 1/2 hour</i> | <i>1-1 1/2 hour</i> | <i>2-3 hours</i> | <i>More than 4 hours</i> |
2. Within the last two days, about how many total hours was your child involved in activities outside your home without adult supervision, if any?
- | | | | |
|---------------------------|---------------------|------------------------|--------------------------|
| <i>None</i> | <i>1/2 - 1 hour</i> | <i>1 1/2 - 2 hours</i> | <i>3-4 hours</i> |
| <i>Less than 1/2 hour</i> | <i>1-1 1/2 hour</i> | <i>2-3 hours</i> | <i>More than 4 hours</i> |

Display Answer Card 7.

3. What percentage of time do you know where your child is when he/she is away from your direct supervision?
- | | | | | |
|----------------------------|------------------|------------------|------------------|--------------------------|
| <i>None or almost none</i> | <i>About 25%</i> | <i>About 50%</i> | <i>About 75%</i> | <i>All or almost all</i> |
|----------------------------|------------------|------------------|------------------|--------------------------|
4. What percentage of time do you know exactly what your child is doing when he/she is away from you?
- | | | | | |
|----------------------------|------------------|------------------|------------------|--------------------------|
| <i>None or almost none</i> | <i>About 25%</i> | <i>About 50%</i> | <i>About 75%</i> | <i>All or almost all</i> |
|----------------------------|------------------|------------------|------------------|--------------------------|
5. What percentage of your child's friends do you know well?
- | | | | | |
|----------------------------|------------------|------------------|------------------|--------------------------|
| <i>None or almost none</i> | <i>About 25%</i> | <i>About 50%</i> | <i>About 75%</i> | <i>All or almost all</i> |
|----------------------------|------------------|------------------|------------------|--------------------------|

*Display Answer Card 8.***6. How much do you agree or disagree with the following statements?**

6a. It is very important for me to know where my child is when he/she is away from me.

<i>Strongly disagree</i>	<i>Disagree</i>	<i>Slightly disagree</i>	<i>Neither agree nor disagree</i>	<i>Slightly agree</i>	<i>Agree</i>	<i>Strongly agree</i>
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6b. Parents who check up on how their child behaves at friends' houses are too anxious about their child.

<i>Strongly disagree</i>	<i>Disagree</i>	<i>Slightly disagree</i>	<i>Neither agree nor disagree</i>	<i>Slightly agree</i>	<i>Agree</i>	<i>Strongly agree</i>
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6c. Giving children lots of free, unsupervised time helps them learn to be more responsible.

<i>Strongly disagree</i>	<i>Disagree</i>	<i>Slightly disagree</i>	<i>Neither agree nor disagree</i>	<i>Slightly agree</i>	<i>Agree</i>	<i>Strongly agree</i>
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6d. Children who are not supervised by an adult are more likely to develop behavior problems.

<i>Strongly disagree</i>	<i>Disagree</i>	<i>Slightly disagree</i>	<i>Neither agree nor disagree</i>	<i>Slightly agree</i>	<i>Agree</i>	<i>Strongly agree</i>
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