Social Skills Training

- Daily, 10-minute sessions
- Four general skills (Oden & Asher, 1977)
  - Communication
  - Cooperation
  - Participation
  - Validation
- Different skill reviewed each day in rotation

Social Skills Training

- Specific skills introduced as examples of the general skill (Michelson, Sugai, Wood, & Kazdin, 1983)
  - Complaints
  - Compliments
  - Conflict Resolution
  - Conversations
  - Refusal or Saying No
  - Requesting Behavior Change
Social Skills Training Sessions

• Introduce day’s skill
• Define the skill and discuss importance
• Model positive and negative examples
• Children model and role-play positive examples
• Review examples specific to day’s activities
• Remind children of ways to earn points by showing good social skills

Social Skills Generalization

• Discuss how social skill can be used during upcoming activities in Preactivity Discussions
• Reinforce good examples of social skills during activities
• Feedback and applicable point losses for examples of poor social skills throughout activities
• Discuss how social skills were used during Postactivity Discussions

Social Skills Outlines in Chapter 5

• What does the social skill mean?
• Positive Examples
• Negative Examples
• Why is the social skill important?
Communication

Compliments

Questions about Social Skills?