

Social Skills Training



Social Skills Training

- Daily, 10-minute sessions
- Four general skills (Oden & Asher, 1977)
 - Communication
 - Cooperation
 - Participation
 - Validation
- Different skill reviewed each day in rotation

Social Skills Training

- Specific skills introduced as examples of the general skill (Michelson, Sugai, Wood, & Kazdin, 1983)
 - Complaints
 - Compliments
 - Conflict Resolution
 - Conversations
 - Refusal or Saying No
 - Requesting Behavior Change

Social Skills Training Sessions

- Introduce day's skill
- Define the skill and discuss importance
- Model positive and negative examples
- Children model and role-play positive examples
- Review examples specific to day's activities
- Remind children of ways to earn points by showing good social skills

Social Skills Generalization

- Discuss how social skill can be used during upcoming activities in Preactivity Discussions
- Reinforce good examples of social skills during activities
- Feedback and applicable point losses for examples of poor social skills throughout activities
- Discuss how social skills were used during Postactivity Discussions

Social Skills Outlines in Chapter 5

- What does the social skill mean?
- Positive Examples
- Negative Examples
- Why is the social skill important?

Communication



Compliments



Questions about Social Skills?
