

## STP Recreational Activities



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## STP Recreational Activities

- Skills training and game play every day
- Emphasis on skill acquisition and good sportsmanship

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## Benefits of Sports Participation



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### Using Sports to Teach Social Skills

Gives children opportunities to practice:

- Effective communication
- Turn taking
- Cooperation
- Leadership
- Conflict resolution
- Affective self-regulation
- Problem solving

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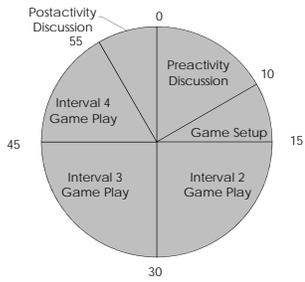
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### Time Schedule



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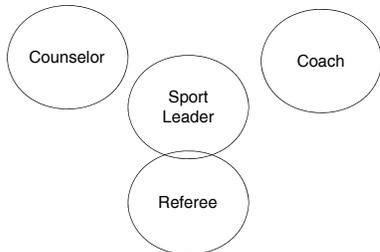
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### Sport Leader Responsibilities



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### Interval Changes

- Point Sheet Counselor times intervals and announces interval changes.
- Serves as a prompt for counselors and kids.
- "New Interval!"
- Design a response.

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### Activity Schedule

- Transition from previous activity to field
- Recreation period—game
- Transition to next activity

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### Transition to Activity



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### Point Check Ends Transition



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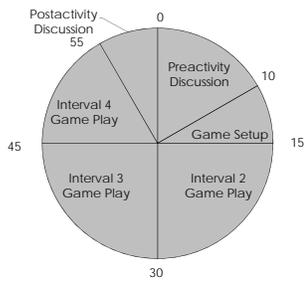
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### Preactivity Discussion



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### Review the Activity Rules for Group Discussions



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**Review the Day's Social Skill in Relation to the Upcoming Game**



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**Discuss Ways Sports Skills Practiced can be Integrated into Game Play**



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**Review Activity Rules for Recreational Activities**



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### Game Play



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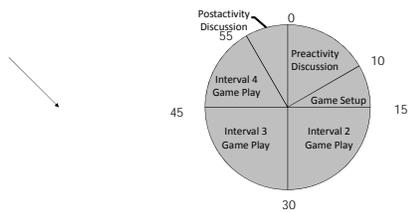
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### Postactivity Discussion



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### Review the Activity Rules for Group Discussions



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**Discuss Progress Made During the Game**



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**Discuss Problems that Occurred During the Game**



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**Discuss How Children Used Sports Skills during the Game and Skills to Practice**



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**Discuss How Children Used the Day's Social Skill during the Game**



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**Discuss ways in which children earned and lost points during the game and how to avoid losing points in the future**



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**Other Game Period: Choose Sport for Next Day's Other Game Period.**



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Point Check




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Transition




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Completed Sport Leader Cards

| Sport Leader Attention Card |             |    |                   |    |    |
|-----------------------------|-------------|----|-------------------|----|----|
| Group: 5                    | Day: 32 G/O |    | Sport: Basketball |    |    |
| Name                        | Group Disc. |    | Game Awareness    |    |    |
|                             | Level       | GD | Level             | GA | GA |
| Keller                      | B           | -  | 1                 | -  | -  |
| Joseph                      | 1           | 0  | B                 | 0  | -  |
| Bois                        | B           | 0  | 1                 | -  | 0  |
| McCarthy                    | B           | -  | A                 | 0  | -  |
| Boyd                        | A           | 0  | 1                 | 0  | -  |
| Boyd                        | B           | 0  | B                 | 0  | 0  |
| Boyd                        | B           | -  | B                 | -  | 0  |
| Boyd                        | B           | 0  | B                 | 0  | -  |
| Boyd                        | 1           | -  | 1                 | -  | 0  |
| Boyd                        | B           | -  | B                 | -  | 0  |
| Boyd                        | 1           | -  | 1                 | 0  | -  |
| Boyd                        | B           | 0  | B                 | -  | 0  |

| Game Period Notes Card     |                                |
|----------------------------|--------------------------------|
| Group: 5                   | Day: 32 G/O O Sport Basketball |
| Need to work on pivot foot |                                |
| Protecting the paint       |                                |
| Defending without fouling  |                                |

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### Counselor and Child Positions during Games

- Counselors positioned to provide coverage and assist Sport Leader
- Children play active roles in games
- Counselors assist and model appropriate game play
- Positions vary for each sport

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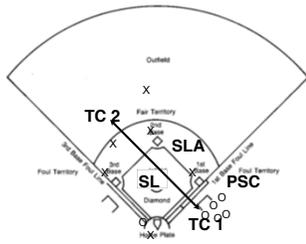
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### Softball



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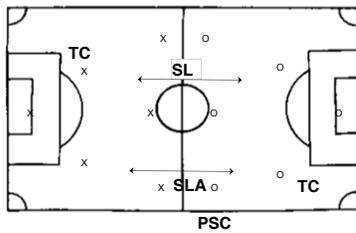
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### Soccer



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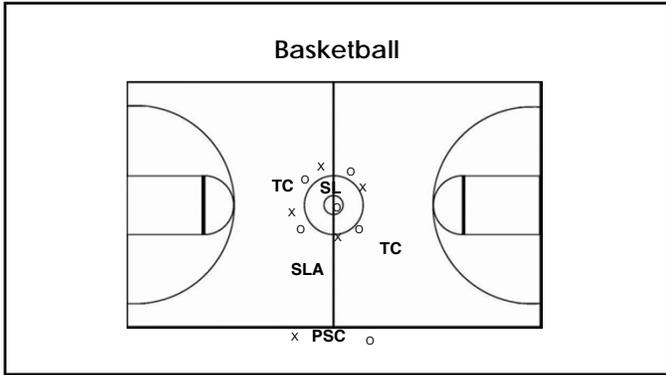
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Questions about Recreational Activities?

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