

COMPREHENSIVE PSYCHIATRIC CARE FOR CHILDREN & ADOLESCENTS

FIU | Center for
Children and Families
FLORIDA INTERNATIONAL UNIVERSITY



Carlos A. Salgado, MD, FAPA
Director of Medical Services,
Center for Children and Families
Florida International University

MEET DR. CARLOS A. SALGADO

Dr. Salgado is a board-certified child and adolescent psychiatrist with extensive experience in helping children and teens navigate mental health challenges. As the Director of Medical Services at CCF, he specializes in providing comprehensive evaluations, medication management, and collaborative treatment plans to support children and families.

With a strong background in academic medicine and training future child psychiatrists, Dr. Salgado emphasizes safe, evidence-based treatments that prioritize your child's unique needs.



SCAN THE
QR CODE TO
LEARN MORE!

HOW WE CAN HELP

We provide care for children and teens struggling with:

- **ADHD:** Attention difficulties, impulsivity, hyperactivity
- **Anxiety & Depression:** Worry, sadness, mood swings, social withdrawal
- **Behavioral Challenges:** Tantrums, aggression, difficulty at home or school
- **Trauma & Stress-Related Concerns:** Difficulty coping with past or ongoing stress
- **Other Emotional & Mental Health Needs**

We accept a variety of commercial insurance plans.

*There is no waitlist to schedule families!

OUR APPROACH TO TREATMENT

At CCF, we believe in a comprehensive, whole-child approach to mental health. Our goal is to work closely with families, schools, and healthcare providers to develop the best plan for your child.

Comprehensive Evaluations: We take the time to understand your child's unique strengths and challenges before making treatment recommendations.

Personalized Treatment Plans: Treatment may include evidence-based therapy, and, when appropriate, medication management.

Collaboration with Your Pediatrician & School: We believe in a team approach and work closely with other professionals involved in your child's care.

Focus on Safety & Well-Being: Medication is only one part of the solution. When needed, we ensure that any treatment is carefully monitored and used alongside therapy and behavioral interventions.



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Book an appointment with Dr. Salgado: 305.348.0477

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