

Time Out Worksheet

Please read each of the following time-out situations and write the statements a counselor would make to a child after each of the behaviors described below. For each behavior, record the applicable information on the attached time-out log. Assume that the behaviors described in the examples are the only behaviors that occur.

1. a. During the swimming period (4:10 PM), a child trips another child.

b. The child immediately begins to serve the time out appropriately.

c. One minute later, the child says to a nearby peer, "Your Backstroke is looking sharp!"

d. The child then serves the remainder of the time out appropriately.

2. a. At 9:46, a child stomps on another child's foot.
- b. The child does not comply with the counselor's command to go to the time out area.
- c. The child complies with the counselor's repeated command to go to the time out area.
- d. Two minutes later, the child screams, "Hey, butthead!" at a man who is walking nearby.
- e. Two minutes later, the child appropriately inquires about the number of minutes of time out that remain to be served.
- f. The child behaves appropriately for the remainder of the time out and is ready to rejoin the group.

3. a. A child does not comply with a repeated command to put on his shirt (1:15 PM).

- b. The child does not comply with the counselor's command to go to the time-out area.

- c. The child does not comply with the counselor's repeated command to go to the time-out area.

- d. The child does not comply with the counselor's third command to go to the time-out area.

- e. The child goes to the time-out area two minutes later.

- f. The child serves the time out appropriately and is ready to rejoin the group...

- g. ... but has not yet put on his shirt.

- h. The child does not comply with the counselor's command.

- i. The child does not comply with the counselor's repeated command.

- j. The child serves the time out appropriately and is ready to rejoin the group.

4. a. A child hits a peer at 4:50 PM.

b. The child says, "I didn't hit Tony" but goes to the time-out area.

c. 4 minutes later, the child walks over to the Point Sheet Counselor, who is 10 feet away from the time-out area, and says, "How are you doing, butthead?" then immediately goes back to the time-out area.

d. At 5:00, the child screams, "It's time to go home!"

e. At 5:10, the child's parents tell the lead counselor that they must leave and that they will have the child finish serving the time out at home.

For the remaining items, continue to determine the appropriate counselor actions, and record the applicable information on the attached time-out log.

5. At 1:25, a counselor assigns a time out for Intentional Aggression. The child does not comply with the counselor's command to go to the time-out area. The child complies with the counselor's repeated command to go to the time-out area but says, "I shouldn't have to go to time out for hitting that asshole!" (The other child can hear the statement). At 1:27, the child disrupts the group by yelling, "I hate this place!" Thirty seconds before the end of the time out, the child yells, "This camp sucks!" At the scheduled ending time, the counselor informs the child that he must sit appropriately for the countdown period before being allowed to rejoin the group. Thirty seconds later, the child says, "This is so stupid." The child then sits appropriately for the appropriate number of minutes and the counselor ends the time out.
6. At 9:12, a counselor assigns a time out for Intentional Destruction of Property. The child does not comply with the counselor's command to go to the time-out area. The child complies with the counselor's repeated command to go to the time-out area but kicks a peer who is standing nearby. At 9:15, the counselor suspends the time out for the seatwork and peer tutoring segments of the ALC period, gives the time-out log to the developmental specialist, and informs the developmental specialist of the number of minutes remaining in the time out. At 10:36, the end of the peer tutoring segment, the developmental specialist tells the child that he or she must resume serving the suspended time out and reminds him of the number of minutes left to be served. The child serves the remainder of the time out appropriately.
7. At 4:00, a child punches a peer after being teased. The child goes directly to the time-out area and serves the time out appropriately. When the counselor asks the child if he is ready to rejoin the group, the child says, "No, I'm still mad." When the counselor explains that sitting out will be a rule violation, the child says, "I'll sit out." Two minutes later, the child appropriately rejoins the group when told to do so by the counselor.
8. At 3:17, a counselor assigns a time out for Repeated Noncompliance. The child does not comply with the counselor's first command to go to the time-out area but does comply with the counselor's second command. At 3:21, the child signals the counselor to request a Time Out from Time Out because the child needs his asthma medication. At 3:25, the child begins to serve the time out again and serves the remainder of the time out appropriately.
9. At 3:00, a counselor assigns a time out for Repeated Noncompliance. The child does not comply with the counselor's command to go the time-out area. The child does not comply with the counselor's repeated command to go to the time-out area. The child does not comply with the counselor's third command to go to the time out area. When the counselor tells the child that his time out will not begin until he is in the time-out area, the child immediately goes to the time-out area and begins to serve the time out. At 3:05, the child stands up and runs out of the time-out area, heading toward the street. The counselor runs after the child and catches him after the child has traveled 12 feet outside the time-out area, but the child continues to struggle in an attempt to get away such that the counselor must implement physical management from 3:06 until 3:10. At 3:10, the counselor ends the physical management and the child returns to the time-out area. The child appropriately serves the remainder of the time out.
10. Summarize the information and record the totals in the spaces provided at the bottom of the time-out log.

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Name: _____

Group: _____

Date: _____

Day#: _____

	Assigned	Escalated	Escalated	Escalated	Time Started	Suspended		Suspended		Physical Mgt.		End Time	Extra Minutes	PTOSO (Y/N)	Minutes of Phys. Mgt.	Total Minutes	Time Inquiries	Reason: IA ID RNC	Staff Initials
	Serve 2.5 min. Serve 5 min. Serve 10 min.	Serve 5 min. Serve 10 min. Serve 20 min.	Serve 7.5 min. Serve 15 min. Serve 30 min.	Serve 15 min. Serve 30 min. Serve 60 min.		Out	In	Out	In	Beg.	End								
1																			
2																			
3a																			
3b																			
4																			
5																			
6																			
7																			
8																			
9																			

Intentional Aggression Peer																			
Unintentional Aggression Peer																			
Intentional Aggression Staff																			
Unintentional Aggression Staff																			
Intentional Destruction																			
Unintentional Destruction																			
Noncompliance/Repeated NC																			
Stealing																			
Leaving Area																			
Lying																			
Verbal Abuse																			
Name Calling/Teasing																			
Cursing/Swearing																			
Interruption																			
Complaining/Whining																			
Violating Activity Rules																			

1 2 3a 3b 4 5 6 7 8 9

Reason	Number	Total Min.
RNC		
IA		
IDP		

Scored: _____
Checked: _____

Daily Totals:	Negative Behaviors	
	Post Time Out Sit-Outs	
	Total Time Out Rule Violations	
	Minutes of Physical Management	