Parenting Practices

A. General parenting questions (Taken from Webster-Stratton interview)

First, I’d like to ask you some general questions about your approach to parenting your child. Later, I’ll ask some specific questions about your behavior management techniques.

1. If you ask your child to do something and he/she doesn’t do it, how often do you give up trying to get him/her to do it?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

2. If you warn your child that you will discipline him/her if he/she doesn’t stop, how often do you actually discipline him/her if he/she keeps on misbehaving?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

3. How often does your child get away with things that you feel he/she should have been disciplined for?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

4. If you have decided to punish your child, how often do you change your mind based on your child’s explanations, excuses, or arguments?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

5. How often do you show anger when you discipline your child?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

6. How often do arguments with your child build up and you say and do things you don’t mean to?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

7. How often is your child successful in getting around the rules you have set?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

8. How often does the kind of punishment you give your child depend on your mood?
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

9. How often do you do each of the following things when your child behaves well or does a good job at something?

   9a. Notice it but not do anything about it.
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

   9b. Praise or compliment your child.
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

   9c. Give your child a hug, kiss, pat, handshake, or “high five.”
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

   9d. Buy something for him/her, such as special food or a small toy, or give him/her money.
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

   9e. Give him/her an extra privilege, such as a treat, go to the movies, or a special activity, for good behavior.
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always

   9f. Give points or stars on a chart.
   - Never
   - Seldom
   - Sometimes
   - About half the time
   - Often
   - Very often
   - Always
9g. Not even notice.

Never  Seldom  Sometimes  About half the time  Often  Very often  Always

Display Answer Card 2.

10. How much do you agree or disagree with the following statements?

10a. Sometimes it takes getting really angry with children to teach them a lesson.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10b. Children learn best when they don’t know what punishment to expect for misbehaving.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10c. The best way to avoid a big problem is to discipline a child when the problem is still small.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10d. It’s okay to let children get away with small misbehaviors – it’s better to focus on serious misbehaviors.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10e. Being consistent in discipline is more important than giving big punishments for misbehavior.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10f. Giving children a reward for good behavior is bribery.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10g. I shouldn’t have to reward my children to get them to do the things they are supposed to do.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10h. I believe in using rewards to teach my child how to behave.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10i. It is important to praise children when they do well.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10j. I would like to praise my child more often than I criticize him/her, but it is hard to find behaviors to praise.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10k. If I give my child praise or rewards to encourage good behavior, he/she will demand rewards for everything.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

10l. If a child is having trouble doing something he/she is supposed to do, such as going to bed, picking up toys, it is a good idea to set up a reward or extra privilege for doing it.

Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree
B. House Rules

1. Think about when your child wakes up, until he/she goes to bed. Do you have rules your child is to follow during the day?  YES  NO  (If “No”, skip to C-Chores)

2. If “yes,” has your child been told these rules?  YES  NO

3. Are the rules posted where your child can see them?  YES  NO
   If “yes,” where?
   □ Refrigerator  □ Kitchen wall  □ Bedroom wall
   □ Family room wall  □ Playroom wall  □ Child’s room
   □ Other (describe): ____________________________

4. What kinds of house rules do you expect him/her to follow? (Check all that apply and write descriptions for “other” rules)
   □ Use good table manners
   □ Other manners (e.g., take shoes off in house, eat at table)
   □ Use materials and possessions appropriately
   □ Teasing/talking back
   □ Aggression
   □ Obey adults
   □ Indoor behavior (e.g., no running, appropriate voice level)
   □ Cleanliness
   □ Clothing rules/restrictions
   □ Designated area rules (e.g., no ball in house, stay out of street)
   □ Other (describe): ____________________________
   □ Other (describe): ____________________________
   □ Other (describe): ____________________________

Display Answer Card 3.

5. How well does this approach work with your child?  Not at all  Just a little  Pretty much  Very much

C. Chores

1. Does your child have chores or regular responsibilities that he or she is expected to do each day or each week?  YES  NO  (If “No,” skip to D-Procedures to prevent misbehavior)

2. If Yes, complete the following for each chore:

Display Answer Card 4.
**D. Procedures to Prevent Misbehavior**

1. Do you plan ahead before you participate in a certain activity with your child? For example, do you review rules specific to a particular activity with your child before you participate in that activity (for example, “no running in the parking lot”) or plan out an activity ahead of time (for example, pack activities for the child to do during a car ride)?

   YES  NO (if “No,” skip to #3)

2. How well does this approach work with your child?  
   Not at all  Just a little  Pretty much  Very much

3. Do you give warnings to your child before he or she engages in additional or more serious misbehavior (e.g., “I am only going to tell you once more to turn off the television;” “If you hit your brother again you are coming inside for the rest of the day”).

   YES  NO (if “No,” skip to #5)

4. How well does this approach work with your child?  
   Not at all  Just a little  Pretty much  Very much

5. Do you tell your child to complete activities he or she does not enjoy before more enjoyable activities (e.g., complete your school work before playing outdoors; eat your vegetables before dessert)?

   YES  NO (if “No,” skip to E)

6. How well does this approach work with your child?  
   Not at all  Just a little  Pretty much  Very much

**E. Punishments**

**Display Answer Cards 3 and 5.**

**Reprimands/Scolding**

1. Do you provide corrective feedback to your child when he or she misbehaves?  
   YES  NO

2. Do you scold, yell, or scream at your child when he or she misbehaves?  
   YES  NO

*If “No” to both #1 and #2, skip to Ignoring. If Yes to either #1 or #2, continue.*

3. What behaviors result in your providing corrective feedback, scolding, or yelling at your child?

   - House rule violations
   - Negative verbal – parent
   - Negative verbal – sibling
   - Negative verbal – peer
   - Negative physical – parent
   - Negative physical – sibling
   - Negative physical – peer
   - Interrupting
   - Other rule violations
   - Other verbal – parent
   - Other verbal – sibling
   - Other verbal – peer
   - Other physical – parent
   - Other physical – sibling
   - Other physical – peer
   - Unintentional property destruction/clumsiness
   - Other property destruction
   - Other noncompliance
   - Other property destruction

4. How often do you provide corrective feedback, scolding, or yelling at your child?

   - Several times a day
   - Once a week
   - Once every few weeks
   - A few times a week
   - Never
   - A few times a year

5. How well does this approach work with your child?  
   Not at all  Just a little  Pretty much  Very much

**Ignoring**

1. Do you intentionally ignore your child when he or she misbehaves?  
   YES  NO (If “No,” skip to Grounding)
2. What behaviors do you ignore?
- House rule violations
- Negative verbal – parent
- Negative verbal – sibling
- Negative verbal – peer
- Negative physical – parent
- Negative physical – sibling
- Negative physical – peer
- Interrupting
- Other (Describe): ________________________________

3. What are your own reasons for ignoring your child’s behavior?
- Don’t want to give him/her attention
- Too tired
- Don’t want to make behavior worse/Avoiding confrontation
- Other (Describe): ________________________________

4. How often do you ignore your child after he or she misbehaves?
- Several times a day
- Once a week
- Once a year
- Once a day
- Once every few weeks
- Never
- A few times a week
- A few times a year

5. How well does this approach work with your child?

   Grounding/Privilege Removal/Time out/Spanking
1. Do you take things away from your child or remove privileges because he or she has misbehaved?
   YES NO (If “No,” skip to Time Out)

2. What behaviors result in your removing things or privileges from your child?
   - House rule violations
   - Negative verbal – parent
   - Negative verbal – sibling
   - Negative verbal – peer
   - Negative physical – parent
   - Negative physical – sibling
   - Negative physical – peer
   - Interrupting
   - Other (Describe): ________________________________

3. How often do you take away things or remove privileges from your child?
- Several times a day
- Once a week
- Once a year
- Once a day
- Once every few weeks
- Never
- A few times a week
- A few times a year

4. How long do you typically take something away for before you give it back?
- A few hours
- A week
- More than a month
- A day
- A few weeks
- Never give it back
- A few days
- A month

5. How well does this approach work with your child?

   Time Out
1. Have you ever used time out with your child? YES NO (If “No,” skip to Spanking)
2. Do you currently use time out with your child? YES NO (If “No,” skip to Spanking)
3. What behaviors result in a time out for your child?
   - House rule violations
   - Negative verbal – parent
   - Negative verbal – sibling
   - Negative verbal – peer
   - Negative physical – parent
   - Negative physical – sibling
   - Negative physical – peer
   - Interrupting
   - Other (Describe): ____________________

4. How often do you put your child in time out?
   - Several times a day
   - Once a week
   - Once a year
   - Once a day
   - Once every few weeks
   - Never
   - A few times a week
   - A few times a year

5. Where does your child serve a time out (i.e., what location in the house)?
   - Bedroom
   - Stairs
   - Sit/stand in corner
   - Designated chair
   - Designated room
   - No designated area
   - Other (describe): ____________________

6. How long does your child stay in time out (in minutes)?
   - Less than one minute
   - 1-2 minutes
   - 3-5 minutes
   - 6-10 minutes
   - 11-20 minutes
   - 21-30 minutes
   - 31-60 minutes
   - Over 60 minutes
   - Depends on his/her behavior
   - Until he/she is calm
   - Don’t know
   - 1 minute/per child’s age
   - Other (describe): ____________________

7. Do you use a timer? YES NO

8. How well does this approach work with your child? Not at all Just a little Pretty much Very much

9. What do you do if your child won’t stay in the time out place (circle all that apply)?
   - Ignore child
   - Yell at/reprimand
   - Beg/plead with child
   - Threaten child
   - Talk calmly to child
   - Add additional punishment
   - Give up on time out
   - Hold child in place
   - Move child to another place
   - Parent moves to another place
   - Other (Describe): ____________________

10. What do you do if your child yells or disrupts you during time out (circle all that apply)?
    - Ignore child
    - Yell at/reprimand
    - Beg/plead with child
    - Threaten child
    - Talk calmly to child
    - Add additional punishment
    - Give up on time out
    - Hold child in place
    - Move child to another place
    - Parent moves to another place
    - Other (Describe): ____________________

11. What do other family members do when your child is in time out (circle all that apply)?
    - Ignore child
    - Yell at/reprimand
    - Beg/plead with child
    - Threaten child
    - Talk calmly to child
    - Add additional punishment
    - Give up on time out
    - Hold child in place
    - Move child to another place
    - Parent moves to another place
    - Other (Describe): ____________________

12. How do you decide when it is time for your child to get out of time out?
    - When designated time is up
    - When child calms down
    - When parent calms down
    - When parent and child calm down
    - Child decides
    - Depends on situation
    - Other (describe): ____________________
13. Do you put your child in time out when you are out of the home? YES NO

14. How well does this approach work with your child? Not at all Just a little Pretty much Very much

Spanking
1. Have you ever spanked your child? YES NO (If “No,” skip to Rewards)
2. Do you currently spank your child? YES NO (If “No,” skip to Rewards)
3. Does spanking work with your child? YES NO

4. What behaviors result in you spanking your child?
   - House rule violations
   - Negative verbal – parent
   - Negative verbal – sibling
   - Negative verbal – peer
   - Negative physical – parent
   - Negative physical – sibling
   - Negative physical – peer
   - Interrupting
   - Other (Describe):

5. How often do you spank your child?
   - Several times a day
   - Once a day
   - A few times a week
   - Once a week
   - Once every few weeks
   - A few times a year
   - Once a year
   - Never

6. How often do you threaten to spank your child?
   - Several times a day
   - Once a day
   - A few times a week
   - Once a week
   - Once every few weeks
   - A few times a year
   - Once a year
   - Never

7. Do you spank your child outside of the home? YES NO

8. What do you use when you spank?
   - NOTE TO CLINICIAN: Ask this as an open-ended question. Follow-up the answer as necessary to be clear whether a report is warranted.
   - Bare hand
   - Paddle
   - Belt
   - Other

8b. Follow-up questions

8c. Required action

9. Notes

10. How well does this approach work with your child? Not at all Just a little Pretty much Very much
F. Rewards/Positive Consequences

**Praise**

1. Do you intentionally praise your child when he or she behaves?  YES  NO (If “No,” skip to Social Rewards)

2. What behaviors result in your praising your child?
   - [ ] Appropriate behavior toward parents
   - [ ] Following rules
   - [ ] Appropriate behavior toward sibling
   - [ ] Paying attention
   - [ ] Appropriate behavior toward other children
   - [ ] Compliance
   - [ ] Helping
   - [ ] Completing chores
   - [ ] Sharing
   - [ ] Good manners
   - [ ] Ignoring negative behavior of others
   - [ ] Good school work/behavior
   - [ ] Other (Describe): ________________________________

3. How often do you praise your child after he or she behaves?
   - [ ] Several times a day
   - [ ] Once a week
   - [ ] Once every few weeks
   - [ ] Once a year
   - [ ] A few times a week
   - [ ] A few times a year
   - [ ] Never
   - [ ] A few times a year

4. How well does this approach work with your child?  Not at all  Just a little  Pretty much  Very much

**Social Awards or Honors**

1. Sometimes parents will encourage good behavior by providing an award or honor for it. For example, a good report card may be displayed on the refrigerator or an award from recreational activities is prominently displayed; such as a trophy. Have you ever done something like that for your child?  YES  NO (If “No,” skip to Reward Program)

2. What activity was the social honor for?
   - [ ] Academics
   - [ ] Arts
   - [ ] Sports
   - [ ] Good behavior
   - [ ] Other (describe): ________________________________

3. How well does this approach work with your child?  Not at all  Just a little  Pretty much  Very much

**Reward Program**

1. Do you currently reward your child for behavior in the home, such as providing a special privilege or activity contingent on appropriate behavior?  YES  NO

   1b. If “no,” have you ever used such a system with your child?  YES  NO

If No to #1 and #1b, skip to Token Economy.

2. In your current/most recent (circle one) approach, what must your child do to get a reward/privilege?
   - [ ] Appropriate behavior toward parents
   - [ ] Following rules
   - [ ] Appropriate behavior toward sibling
   - [ ] Paying attention
   - [ ] Appropriate behavior toward other children
   - [ ] Compliance
   - [ ] Helping
   - [ ] Completing chores
   - [ ] Sharing
   - [ ] Good manners
   - [ ] Ignoring negative behavior of others
   - [ ] Good school work/behavior
   - [ ] Other (Describe): ________________________________
3. What does he/she receive as a reward, something he or she likes, and/or privilege?
☐ Hugs/praise ☐ Privilege (e.g., television/computer time)
☐ Tangible (e.g., toy) ☐ Edible (e.g., dessert, candy)
☐ Other (describe):

Display Answer Card 6.

4. In general, how often does your child earn a reward?
☐ More than once a day ☐ Once every few weeks
☐ Once a day ☐ Once a month
☐ A few times a week ☐ Less often than once a month
☐ Once a week

5. Does your child lose a reward for misbehavior? YES NO

6. How well does this approach work with your child? Not at all Just a little Pretty much Very much

Token Economy
1. Are you currently using a star/sticker chart or point system for behavior in the home? YES NO

   If “no,” have you ever used such a system with your child? YES NO

   If No to #1 and #1b, skip to Allowance.

2. In your current/most recent (circle one) system, what must your child do to get a point/star/sticker?
   ☐ Appropriate behavior toward parents ☐ Following rules
   ☐ Appropriate behavior toward sibling ☐ Paying attention
   ☐ Appropriate behavior toward other children ☐ Compliance
   ☐ Helping ☐ Completing chores
   ☐ Sharing ☐ Good manners
   ☐ Ignoring negative behavior of others ☐ Good school work/behavior
   ☐ Other (Describe):

3. Does your child receive something after receiving a certain number of tokens? YES NO

4. What does your child receive as a reward?
   ☐ Hugs/praise ☐ Privilege (e.g., television/computer time)
   ☐ Tangible (e.g., toy) ☐ Edible (e.g., dessert, candy)
   ☐ Other (describe):

5. In general, how often does your child earn a reward?
   ☐ More than once a day ☐ Once every few weeks
   ☐ Once a day ☐ Once a month
   ☐ A few times a week ☐ Less often than once a month
   ☐ Once a week

6. Does your child lose points/stars/stickers for misbehavior? YES NO

7. How well does this approach work with your child? Not at all Just a little Pretty much Very much
Allowance

1. Do you have an allowance system for your child? YES NO (If “No,” skip to G)
2. How does it work?
   - Receives money non-contingently
   - Earns money for completing chores
   - Earns money for meeting behavioral goals at home
   - Earns money for good reports from school
   - Other (Describe):
3. How well does this approach work with your child? Not at all Just a little Pretty much Very much

G. Additional Questions

Note: Responses must be specific numbers, not a range.

1. Thinking about yesterday, how many times did you scold, reprimand, or yell at your child? ____________
   What about the past week? ____________
2. Thinking about yesterday, how many times did you give your child an instruction, command, or told him or her to do something? ____________
   What about the past week? ____________
3. Thinking about yesterday, how many times did you praise your child for appropriate behavior? ____________
   What about the past week? ____________
4. How often do you communicate with the child’s teacher:
   By note: Daily Weekly Monthly As needed Never
   By phone: Daily Weekly Monthly As needed Never
   In person: Daily Weekly Monthly As needed Never

H. Monitoring

1. About how many hours in the last 24 hours did your child spend at home without adult supervision, if any?
   None ½ - 1 hour 1½ - 2 hours 3-4 hours
   Less than ½ hour 1-1½ hour 2-3 hours More than 4 hours
2. Within the last two days, about how many total hours was your child involved in activities outside your home without adult supervision, if any?
   None ½ - 1 hour 1½ - 2 hours 3-4 hours
   Less than ½ hour 1-1½ hour 2-3 hours More than 4 hours

Display Answer Card 7.

3. What percentage of time do you know where your child is when he/she is away from your direct supervision?
   None or almost none About 25% About 50% About 75% All or almost all
4. What percentage of time do you know exactly what your child is doing when he/she is away from you?
   None or almost none About 25% About 50% About 75% All or almost all
5. What percentage of your child’s friends do you know well?
   None or almost none About 25% About 50% About 75% All or almost all
### 6. How much do you agree or disagree with the following statements?

6a. It is very important for me to know where my child is when he/she is away from me.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Slightly disagree</th>
<th>Neither agree nor disagree</th>
<th>Slightly agree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

6b. Parents who check up on how their child behaves at friends’ houses are too anxious about their child.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Slightly disagree</th>
<th>Neither agree nor disagree</th>
<th>Slightly agree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

6c. Giving children lots of free, unsupervised time helps them learn to be more responsible.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Slightly disagree</th>
<th>Neither agree nor disagree</th>
<th>Slightly agree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

6d. Children who are not supervised by an adult are more likely to develop behavior problems.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Slightly disagree</th>
<th>Neither agree nor disagree</th>
<th>Slightly agree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>